



## LIFEGUARD – EXTRA HELP

Extra Help Only

Salary: \$15.00 – \$16.50

### THE JOB

Responsible for the safety, supervision, discipline, and customer service of all persons using the City of Live Oak Pool facilities. Generally, works under direct supervision of the Lifeguard Supervisor or Parks and Recreation Director. Must be willing to work other than normal work hours and be available to work as scheduled based upon the need of the department. Must be able to attend Pre-season training, and successfully pass a lifeguard skills review. **Must be 15 years of age or older**, and wear Department of Recreation staff swimwear. Employee may be asked to provide assistance and/or accommodations to include participants with disabilities.

### SPECIAL REQUIREMENTS

For Lifeguards and Instructors: Possession of a valid American Red Cross Lifeguard Training Certificate (LGT) **AND** a valid CPR Certificate **AND** First Aid for Public Safety Personnel, California Title 22. **You must submit a copy of each certificate you possess with your application. Please mail/bring the copies to the address listed below.**

### LIFEGUARD TRAINING

American Red Cross Lifeguard Training fee is \$200.00. Registration for each class will close 1-week prior to the start of the class to allow for participants to have a week to complete the online portion of the class. Here you will learn rescue skills, First Aid, CPR/AED, and professional lifeguard responsibilities. Successful completion of this course will certify you in Lifeguard Training, First Aid, CPR/AED for the Professional Rescuer, and Emergency Oxygen, all for 2 years.

## **BACKGROUND INVESTIGATIONS**

Prior to hire, candidates will be required to successfully complete an extensive pre-employment process, including proof of a negative TB test, and a Department of Justice (DOJ) fingerprint check. A conviction history will not necessarily disqualify an applicant from appointment; however, failure to disclose a conviction will result in disqualification or termination.

## **SPECIAL WORKING CONDITIONS**

Exposure to variable temperatures and weather conditions; strong and unpleasant odors and fumes such as chlorine; noise from children, pollen, and bee stings; pool chemical fluctuations which might cause irritation to eyes and skin; and the possibility of administering first aid and resultant exposure to infections which could cause chronic disease or death.

## **KNOWLEDGE**

Working knowledge of swimming hazards; lifeguard training techniques; first aid and cardiopulmonary resuscitation (CPR). Some knowledge of the techniques and principles of swimming instruction is required for some positions.

## **ABILITY TO**

Remain vigilant and act quickly in making rescues and rendering aid; perform rescues under difficult conditions; enforce water safety standards and departmental regulations; work and lifeguard all swimming programs and events; maintain effective relations with the public and staff; communicate effectively with public and staff; maintain records and prepare periodic reports; perform simple arithmetic calculations to make change and record hours worked; maintain a clean and safe work area; accept constructive criticism and direction from supervisors; effectively deal with stressful and emergency situations; **swim 300 yards continuously, perform front crawl and breaststroke, tread water for 2 minutes without using hands**; maintain knowledge and skills required to pass the lifeguard training course; **perform tasks requiring physical strength and stamina to effectively rescue victims, administer first aid and CPR**; perform work which involves frequent lifting, pushing and pulling of heavy objects; hear and distinguish a variety of sounds in a noisy environment such as participants in need of assistance, whistles, or co-workers requesting assistance in a rescue effort; see program participants in need of assistance within their zone of responsibility; speak loudly to warn program participants of impending danger; and successfully complete all training provided by the department.

## **EMPLOYEE BENEFITS**

This recruitment is for extra-help (temporary) employment that is of limited duration. Extra-help employees are used for employment on short-term projects; on a seasonal basis to meet recurrent work peaks; employment on an as-needed basis to meet peak workload, emergency, or other unusual situations. Extra-help employees cannot work more than 999 hours in a fiscal year and are covered by Social Security.

## **THE EXAMINATION**

Candidates meeting minimum requirements will be forwarded to the Parks and Recreation Department for a performance assessment of lifeguard skills covered in the American Red Cross Lifeguard Training Course and a determination of employment duties (pass/fail). Candidates must have the American Red Cross Lifeguard Training and CPR courses completed by the date of the performance assessment. Eligibility will be valid for up to one year.